



CERTIFICATE

OF PARTICIPATION

This is to certify that

Schalk Bezuidenhout

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:37:30

PACE 06:36/km

GENDER 212 of

563

OVERALL 267 of 834

SENIOR (20- 126 of

39) 291



